

The RARE BREED Creed

There is a rare breed of athlete ready to take on all challenges he comes across. A common young man with an uncommon desire to succeed. Forged by adversity, he stands alongside his teammates with determination and courage. I am that athlete.

By stepping on the mat, I accept full responsibility for my actions and am accountable to my teammates. It is a privilege that I must earn everyday. My teammates and I are a band of brothers, standing behind one another through victory and defeat. I challenge my teammates to perform at their best, in the same way that I expect them to challenge me. We expect to lead and be led.

I carry myself with honor on and off the wrestling mat. I am a quiet and tireless worker; tried, tested and dedicated to achieving excellence. I expect to excel as a student, wrestler, brother and son.

I set the standard with uncompromising integrity and lead by example in all situations. I do not advertise my achievements, nor seek recognition for my actions.

I am disciplined, confident, and highly motivated. The ability to control my emotions and my actions, regardless of circumstance, sets me apart from others.

I stand tall, ready to bring my all to achieve the goals established by my team. My commitment is unquestioned and my word trusted. I persevere through adversity and thrive on challenges. I will never quit.

The success of my team depends on me - my technical skill, tactical strategies, attention to detail, and insatiable hunger for success. My training is never complete.

My team expects me to be physically harder and mentally stronger than my opponents. If knocked down, I will get back up, every time. The execution of my technique will be intense and precise. I will draw on every remaining ounce of strength to pursue victory. I am never out of the fight.

Through courage, perseverance, and sacrifice I fight to build a proud tradition and a feared yet respected reputation that will withstand generations.

I am a Rare Breed.

I am a CV Wrestler.